

Jamie Walton is an ecological horticulturist and conservationist based in North Yorkshire, UK. As a head grower and land steward, he shares his hands-on experiences in sustainable gardening through his widely followed platform, **@nettlesandpetals**. With an impressive global social media following, Jamie is on a mission to promote accessible, eco-friendly gardening techniques and to raise awareness about the importance of protecting biodiversity in our gardens and outdoor spaces.

In 2024, he was honoured with the prestigious GMG Individual Social Media Influencer of the Year Award. His debut book, *Nettles and Petals – Grow Food, Eat Weeds, Save Seeds*, became an instant Sunday Times bestseller, praised for its practical wisdom and passionate advocacy for nature-first growing. Jamie has also appeared on BBC Gardeners' World, Blue Peter, and been featured in The Times.