

Jowita Przystal is a Polish ballroom dancer and a professional on the BBC hit show, Strictly Come Dancing.

Jowita has had a super successful career in dance, beginning at the age of 12 and going on to become the Polish Open Latin Champion. In 2015 she ended her competitive career to join touring dance company Burn The Floor, where she performed around the world for four years before moving to the UK.

Once in the UK, she won the nations heart after winning the second series of The Greatest Dancer on BBC One. The prize being to have the chance to dance on Strictly Come Dancing. Jowita is now in her third year as a part of Strictly's professional dance team, after joining in 2021 where she was partnered with Wildlife Camera Man, Hamza Yassin. Currently, Jowita is the only female professional to become the Strictly Champion in their first year with a celebrity partner.