

Jasmine Harman Jasmine Harman is best known for being the face of Channel 4's award-winning 'A Place in the Sun'. The show is currently in its 22nd year on air with Jasmine serving as its longest standing original presenter! A staple for Channel 4, the show is also broadcast in Europe, Australia, New Zealand, Canada, and South Africa.

Growing up in Hackney and living in London most of her life - Jasmine found her own place in the sun in 2025...when the family moved to Spain and decided to take on the challenge of renovating their own home!

Jasmine's latest show 'Jasmine's Renovation In The Sun' follows Jasmine, hammer in hand, and her family as they take the plunge to purchase and renovate a rundown Spanish villa. The show was a big hit for Channel 4, having been extended mid-way through transmission with ratings surpassing 'Gogglebox' and 'The Great British Bake Off'.

Balancing family life with a busy filming schedule - Jasmine offers both professional and personal insights reflecting her long-standing passions, whether that's helping others find their dream home or discussing her journey through IVF and the importance of IVF affordability.

She continues to channel her passion through her career, fronting several documentaries including a personal documentary for BBC One called 'My Hoarder Mum and Me', following her family's attempts to overcome her mother's Compulsive Hoarding Disorder. This ground-breaking film opened the world's eyes to the symptoms of hoarding, which led to the TV series - 'Britain's Biggest Hoarders' on BBC One, and also inspired Jasmine to set up her own forum 'Hoarding Support', to provide free information and support to those who hoard and their loved ones.

Before her career in TV, Jasmine worked in the health industry. She is a qualified fitness instructor, enjoys boxercise and skiing, and practices several holistic therapies. She is also a proud Vegan and PETA Award winner and Veganuary ambassador.