

Jasmine Harman is best known for being the face of Channel 4's award-winning *A Place in the Sun*, providing families with the option of living their dream life abroad. The show has been on air for over 20 years and ratings only continue to soar, with it now broadcast in Europe, Australia, New Zealand, Canada and South Africa. Coming soon to Channel 4 is her latest project, 'Jasmine's Renovation In the Sun', which will follow Jasmine and her family as they take the plunge to purchase and renovate a rundown Spanish Villa.

Jasmine fronted a very personal documentary for BBC One called *My Hoarder Mum and Me*, which followed her family's attempts to overcome her mother's Compulsive Hoarding Disorder. This ground-breaking film opened the world's eyes to the symptoms of hoarding and the show then went on to become a series, *Britain's Biggest Hoarders* (BBC One). She went on to set up her own website, *Hoarding.Support*, which is an online resource to provide support for individuals and their families who are affected by Compulsive Hoarding Disorder.

With Cypriote heratige, Jasmine grew up in Hackney, East London and now lives on the Costa Del Sol in Southern Spain, with her husband and two children. She is a proud Vegan and Veganuary Ambassador. Her beautiful home featured on the cover of *Metro Home Magazine* amongst others and she won Influencer of the Year Award at PETA 2021 Vegan Homeware Awards. She has spoken openly about her journey through IVF and is passionate about more affordable and accessible IVF for other women.